

2014 AUSPICIOUS DAYS – “YEAR OF THE HORSE”

*From May 29th to June 30th is a special month. Saga Dawa Düchen Day

Sunday, June 1, 2014 Earth Pig Day is a very good day.

Monday, June 2, 2014 Iron Rat Day is not good to do puja.

Tuesday, June 3, 2014 Water Ox Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, June 4, 2014 Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, June 5, 2014 Wood Tiger Day.

Friday, June 6, 2014 Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: *“Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha.”* The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: *“The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water”*. All actions are multiplied 100 times.

Saturday, June 7, 2014 Earth Dragon Day. Do puja.

Sunday, June 8, 2014 Guru Rinpoche Day Celebration and Tsok Feast. The deluded ministers of Orgyen try to burn Guru Rinpoche and Mandarava, his spiritual consort, alive. He turns the flames of the funeral pyre into a lake, from which they emerge seated on a lotus. The king, ministers and people of Oddiyana are inspired with devotion. He is known as Guru Pema Dorjé Tsal.

Monday, June 9, 2014 Water Horse Day.

Tuesday, June 10, 2014 Wood Sheep Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, June 11, 2014 Good to do puja. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, June 12, 2014 Earth Rooster Day.

Friday, June 13, 2014 Full Moon & Saga Dawa Düchen Day. The Birth of Buddha is a most sacred day for Buddhists of all traditions. The day also commemorates Buddha chasing away the evil spirits, his enlightenment and parinirvana. On his enlightenment at the age of thirty-five in Bodhgaya, the Buddha proclaimed: “Profound peace, natural simplicity, uncompounded luminosity; I have found a nectar-like dharma”. This day also marks the anniversary of the Buddha’s parinirvana. When Buddha lay dying in a forest grove in Kushinagara, surrounded by five hundred of his disciples, he said to them with his last breath: “It is in the nature of all things that take form to dissolve again. Strive with your whole being to attain perfection”. On this day the effects of positive or negative actions are multiplied ten million times.

Saturday, June 14, 2014 Water Pig Day

Sunday, June 15, 2014 Wood Rooster Day.

Monday, June 16, 2014 Earth Tiger Day

Tuesday, June 17, 2014 Iron Rabbit Day. Naga Offering Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, June 18, 2014 Water Dragon Day. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, June 19, 2014 Wood Snake Day.

Friday, June 20, 2014	Fire Horse Day. If you have a daughter this is not a good day for her to get married.
Saturday, June 21, 2014	Earth Sheep Day
Sunday, June 22, 2014	Iron Monkey Day. Naga offering day. No puja and no prayer flag hanging today.
Monday, June 23, 2014	Water Rooster Day.
Tuesday, June 24, 2014	Wood Dog Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.
Wednesday, June 25, 2014	Fire Pig Day. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig's mantra 'Om Mani Padme Hung' are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.
Thursday, June 26, 2014	Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world."
Friday, June 27, 2014	Iron Ox Day. New Moon and Thousand Buddha Day. Celebrate with "The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: <i>"Tayata Om Muni Muni Maha Muni Shakyamuni Soha"</i> . On this day, all actions are multiplied 100 x.
Saturday, June 28, 2014	Wood Tiger Day.
Sunday, June 29, 2014	Fire Rabbit Day. No puja.
Monday, June 30, 2014	Earth Dragon Day. Good puja Day.
Tuesday, July 1, 2014	Iron Snake Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide

protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, July 2, 2014 Water Horse Day. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig's mantra 'Om Mani Padme Hung' are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, July 3, 2014 Wood Sheep Day.

Friday, July 4, 2014 Fire Monkey Day. Independence Day

Saturday, July 5, 2014 Earth Rooster Day. Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: "*Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha.*" The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: "The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water". All actions are multiplied 100 times.

Sunday, July 6, 2014 Iron Dog Day. Naga offering day. Not a good day to demolish an old home. H.H. the 14th Dalai Lama's Birthday – You make the path that combines emptiness and compassion grow clearer and clearer. To you, the lotus holder Tenzin Gyatso, we pray: May all your wishes be spontaneously fulfilled!

Monday, July 7, 2014 Water Pig Day. Baden, not a good day to hang prayer flags. Guru Rinpoche Day Celebration and Tsok Feast – When tirthikas from South India attempt to harm the Buddha Dharma, guru Rinpoche, with his great power, vanquishes them along with their gods and guardians. Raising the victory banner of the Dharma, he is known as Guru Sengé Dradroki. *Birthday of Dilgo Khyentse Yangsi Rinpoche, and Ugyen Tenzin Jigme Lhundrup.

Tuesday, July 8, 2014 Wood Mouse Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, July 9, 2014 Fire Ox Day. Good day to do puja. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig's mantra 'Om Mani Padme Hung' are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind

we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, July 10, 2014 Earth Tiger Day.

Friday, July 11, 2014 Iron Rabbit Day.

Saturday, July 12, 2014 Water Dragon Day. Full Moon Sojong & Buddha Shakyamuni Day Celebration and Tsok Feast. Celebrate today by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: "*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*". On this day all actions are multiplied 100 times.

Sunday, July 13, 2014 Wood Snake Day.

Monday, July 14, 2014 Fire Horse Day.

Tuesday, July 15, 2014 Earth Sheep Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, July 16, 2014 Iron Monkey Day. Naga Offering Day. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig's mantra 'Om Mani Padme Hung' are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, July 17, 2014 Wood Dog Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.

Friday, July 18, 2014 Fire Pig Day. Baden, not a good day to hang prayer flag.

Saturday, July 19, 2014 Earth Rat Day.

Sunday, July 20, 2014 Iron Ox Day.

Monday, July 21, 2014 Water Tiger Day. Dakini Day Celebration & Tsok – The 25th lunar day, celebrates The female energies of transcendent wisdom and enlightened compassionate activity. It is also beneficial to practice Red Tara Sadhana, the Green Tara Sadhana, the "Praises to the

Twenty One Taras”, or just the Tara mantra “*Om Tare Tu Tare Ture Soha*”. There should always be a tsok offering on Dakini Day.

Tuesday, July 22, 2014 Wood Rabbit Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, July 23, 2014 Fire Dragon Day. Good to do puja. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, July 24, 2014 Earth Snake Day.

Friday, July 25, 2014 Iron Horse Day. Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world.”

Saturday, July 26, 2014 Water Sheep Day. Good day for a Puja. New Moon and Thousand Buddha Day – Celebrate with “The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day, all actions are multiplied 100 times.

Sunday, July 27, 2014 Fire Monkey Day.

Monday, July 28, 2014 Fire Rooster Day. Good to do puja.

Tuesday, July 29, 2014 Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Wednesday, July 30, 2014 Earth Dog Day. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are

inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, July 31, 2014 Iron Pig Day. Karma Rinpoche's Birthday. Chökhör Düchen – The first turning of the Wheel of Dharma. For seven weeks after his enlightenment, Buddha did not teach. Finally, encouraged by Indra and Brahma, he turned the Wheel of Dharma for the first time, at Sarnath, teaching the Four Noble Truths. On this day the effects of positive or negative actions are multiplied ten million times.

Sunday, August 3, 2014 Baden. Not a good day to hang prayer flags.

Monday, August 4, 2014 Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: *"Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha."* The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: "The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water". All actions are multiplied 100 times.

Wednesday, August 6, 2014 Guru Rinpoche Day Celebration & Tsok – At sunrise Guru Rinpoche is miraculously born amidst dazzling radiance in a lotus bed on Lake Danakosha. Turning the Wheel of Dharma for the dakinis, he is known as Guru Tsokyé Dorje. "Hum! In the north-west of the land of Oddiyana, in the heart of a lotus flower, endowed with the most marvelous attainment, you are renowned as the 'Lotus Born', surrounded by many hosts of Dakinis. Following in your footsteps, I pray to you: Come, inspire me with your blessing!"

Sunday, August 10, 2014 Full Moon Sojong & Buddha Shakyamuni Day Celebration and Tsok Feast. Naga Day and Anniversary of Gampopa (1079-1153). – Celebrate today by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: *"Tayata Om Muni Muni Maha Muni Shakyamuni Soha"*. On this day all actions are multiplied 100 times.

Monday, August 11, 2014 Not a good day for puja.

Wednesday, August 13, 2014 Not a good day for real estate business. Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig's mantra 'Om Mani Padme Hung' are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Thursday, August 14, 2014 Baden, not a good day to hang prayer flags.

Wednesday, August 20, 2014 Dakini Day Celebration & Tsok – The 25th lunar day, celebrates the female energies of transcendent wisdom and enlightened compassionate activity. It is also beneficial to practice Red Tara Sadhana, the Green Tara Sadhana, the “Praises to the Twenty One Taras”, or just the Tara mantra “*Om Tare Tu Tare Ture Soha*”. There should always be a tsok offering on Dakini Day.

Sunday, August 24, 2014 Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world.”

Monday, August 25, 2014 New Moon and Thousand Buddha Day – Celebrate with “The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day, all actions are multiplied 100 times.

Tuesday, August 26, 2014 Naga Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Friday, August 29, 2014 Baden. Not a good day to hang prayer flags.

Tuesday, September 2, 2014 Green Tara Practice. Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: “*Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha.*” The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: “The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water”. All actions are multiplied 100 times.

Thursday, September 4, 2014 Guru Rinpoche Celebration & Tsok – The tirthikas from Tamradvipa throw Guru Rinpoche into the Ganges. Rising from the water, he reverses the flow of the river and performs a vajra dance in the sky. The tirthikas are inspired with devotion, and begin to follow the Dharma. Guru Rinpoche is known as Guru Khading Tsal.

Friday, September 5, 2014 Naga Day.

Tuesday, September 9, 2014 Full Moon Sojong Celebration and Tsok Feast – Celebrate and celebrate by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day all actions are multiplied 100 times.

Sunday, September 14, 2014 Naga Day.

Monday, September 15, 2014 Naga Day.

Thursday, September 18, 2014 Anniversary of Phagmodrupa (1110-1170). Dakini Day Celebration & Tsok – The 25th lunar day, celebrates the female energies of transcendent wisdom and enlightened compassionate activity. It is also beneficial to practice Red Tara Sadhana, the Green Tara Sadhana, the “Praises to the Twenty One Taras”, or just the Tara mantra “*Om Tare Tu Tare Ture Soha*”. There should always be a tsok offering on Dakini Day.

Sunday, September 21, 2014 Baden. Not a good day to hang prayer flags.

Tuesday, September 23, 2014 Equinox. Day and night are the same length. Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world.” Today is also a good day for water blessing puja.

Wednesday, September 24, 2014 New Moon Sojong and Thousand Buddha Day – Celebrate with “The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day, all actions are multiplied 100 times.

Thursday, September 25, 2014 Rosh Hashanah (Jewish New Year)

Thursday, October 2, 2014 Medicine Buddha Day. Naga Day. Mahatma Gandhi’s Birthday. Recite of Medicine Buddha Sadhana & Mantra: “*Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha.*” The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: “The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water”. All actions are multiplied 100 times.

Friday, October 3, 2014 Guru Rinpoche Day Celebration and Tsok Feast – The tirthikas try to poison Guru Rinpoche, who transforms their concoction into amrita nectar. Irradiant from his drink, he inspires faith amongst the tirthikas, and is known as Guru Nyima Ozer. Thimphu Tshechu is held on this day.

Saturday, October 4, 2014 A good day for puja.

Monday, October 6, 2014 Labor Day. Baden. Not a good day to hang prayer flags.

Wednesday, October 8, 2014 Full Moon Sojong Celebration and Tsok Feast – Today there will be a total lunar eclipse. Celebrate and celebrate by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day all actions are multiplied 100 times.

Saturday, October 11, 2014 Naga Day.

Sunday, October 12, 2014 Anniversary of Dilgo Khyentse Rinpoche (1910-1991). “The one and only father of all Buddhas is Manjushri. Manifesting as the incomparable human master, Jamyang Khyentse Wangpo, his blessing emanation is Dilgo Khyentse Rinpoche, Tashi Paljor. To you I pray. Bless my mind and inspire my understanding”.

Saturday, October 18, 2014 Baden. Not a good day to hang prayer flags. Dakini Day Celebration & Tsok – The 25th lunar day, celebrates the female energies of transcendent wisdom and enlightened compassionate activity. It is also beneficial to practice Red Tara Sadhana, the Green Tara Sadhana, the “Praises to the Twenty One Taras”, or just the Tara mantra “*Om Tare Tu Tare Ture Soha*”. There should always be a tsok offering on Dakini Day.

Wednesday, October 22, 2014 Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world.”

Thursday, October 23, 2014 New Moon (Partial Solar Eclipse) Sojong and Thousand Buddha Day – Celebrate with “The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day, all actions are multiplied 10,000 times. *Today is Birthday of Dzigar Kongtrul Rinpoche.

Friday, October 24, 2014 A good day for puja.

Thursday, October 30, 2014 Naga Day.

Friday, October 31, 2014 Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: “*Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha*.” The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: “The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water”. All actions are multiplied 100 times.

Saturday, November 1, 2014 Bhutan’s 5th King’s Empowerment Day. Anniversary of the 16th Gyalwang Karmapa (1924-1981). All Saints Day (Donna Selby’s Birthday).

Sunday, November 2, 2014 Baden. Not a good day to hang prayer flags. Guru Rinpoche Day Celebration and Tsok – Guru Rinpoche takes the form of Vajrakumara at Yangleshö in Nepal, and subdues the local deities and negative forces. He performs the sadhana of Palchen Yangdak and attains the vidyadhara stae of Mahamudra realization. He is known as Guru Dorjé Töteng. *North American Daylight Savings ends and clocks go back one hour. Today is also the birthday of Sakya Dagchen Jigdral Rinpoche.

Thursday, November 6, 2014 Full Moon Sojong Celebration and Tsok Feast – Today there will be a total lunar eclipse. Celebrate and celebrate by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: “*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*”. On this day all actions are multiplied 100 times.

Saturday, November 8, 2014

Naga Day

Tuesday, November 11, 2014

Veteran's Day. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara's enlighten activities are numerous and powerful beyond our comprehension.

Thursday, November 13, 2014

Lha Bab Düchen – Buddha Shakyamuni's descent from heaven. Buddha's mother was reborn in Indra's heaven. To repay her kindness and to liberate her, and also to benefit the gods, Buddha spent three months teaching in the realm of the gods.

Monday, November 17, 2014

Dakini Day Celebration & Tsok – The 25th lunar day, celebrates the female energies of transcendent wisdom and enlightened compassionate activity. It is also beneficial to practice Red Tara Sadhana, the Green Tara Sadhana, the "Praises to the Twenty One Taras", or just the Tara mantra "*Om Tare Tu Tare Ture Soha*". There should always be a tsok offering on Dakini Day.

Saturday, November 21, 2014

Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world."

Sunday, November 22, 2014

New Moon Sojong and Thousand Buddha Day – Celebrate with "The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: "*Tayata Om Muni Muni Maha Muni Shakyamuni Soha*". On this day, all actions are multiplied 100 times.

Thursday, November 27, 2014

Thanksgiving Day

Friday, November 28, 2014

Baden. Not a good day to hang prayer flags.

Saturday, November 29, 2014

Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: "*Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha*." The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: "The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water". All actions are multiplied 100 times.

Monday, December 1, 2014

Guru Rinpoche Day Celebration and Tsok – Guru Rinpoche arrives in central Tibet. He subdues all the hostile negative forces, founds the great monastery of Shökhör Palgyi Samyé and lights the lamp of the holy Dharma of the sutra and mantra teachings. Guiding his twenty-five disciples and the king to liberation, he is known as Padmasambhava.

Saturday, December 6, 2014 Full Moon Sojong Celebration and Tsok Feast – Today there will be a total lunar eclipse. Celebrate and celebrate by reciting The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: *“Tayata Om Muni Muni Maha Muni Shakyamuni Soha”*. On this day all actions are multiplied 100 times.

Wednesday, December 10, 2014 Commemoration of the Dalai Lama’s Nobel Peace Prize, 1989 – “I pray for all of us, oppressor and friend, that together we succeed in building a better world through human understanding and love, and that in doing so we may reduce the pain and suffering of all sentient beings.” Excerpt from the Nobel Peace Prize acceptance speech, 1989.

Buddha of Compassion Day. Every Wednesday evening, at 7 pm, we recite Chenrezig sadhana at Drukpa Mila Center – Salem. The Buddha of Compassion, known as Avalokiteshvara in Sanskrit and Chenrezig in Tibetan, manifests as enlightened compassionate activity. The benefits of chanting Chenrezig’s mantra ‘Om Mani Padme Hung’ are inconceivable. Through chanting the mantra we can awaken our enlightened potential and transform our speech from being impure to a state of purity. Through visualizing Chenrezig in our mind we can become familiar with the thoughts and deeds of a Buddha and gradually transform our impure mind and body to a state of purity. This sadhana was written specifically for the Drukpa Mila Center by H.H. Ngawang Tenzin Rinpoche of Bhutan.

Tuesday, December 16, 2014 Dakini Day Celebration and Tsok Feast. Anniversary of Jé Tsongkhapa: “Great treasury of non-referential compassion, Avalokiteshvara, Powerful lord of flawless wisdom, Manjushri and destroyer of all the hosts of mara, Vajrapani, Lord of Secrets, Crowning glory amongst all the learned masters of the Land of Snows, Tsongkhapa Lobzang Drakpa, at your feet I pray!

Wednesday, December 17, 2014 Bhutan’s Independence Day. Mahakala Day. Mahakala is the primary Dharma protector of the Drukpa Kagyu lineage of Tibetan Buddhism and appears in a variety of forms in Bhutan. Mahakala has the power to pacify illness and obstacles; increase longevity, good qualities, and wisdom; destroy confusion, doubt and ignorance. Practicing Mahakala sadhana protects the country and the people from misfortunes, which is very much needed under the present economic recession and conflicts around the world.”

Saturday, December 20, 2014

Sunday, December 21, 2014 New Moon Sojong and Thousand Buddha Day. No marriages on this day. Celebrate with “The Treasure of Blessings Sadhana followed by tsok. Recite the mantra as many times as possible: *“Tayata Om Muni Muni Maha Muni Shakyamuni Soha”*. On this day, all actions are multiplied 10,000 times. *Solstice GMT is 23:03. The shortest day in the northern hemisphere and longest day in the southern hemisphere.

Tuesday, December 23, 2014 Good day to do puja. Green Tara sadhana recitation, 7 PM at Drukpa Mila Center – Salem, Oregon. - Green Tara manifests the female energy of transcendent wisdom and enlightened compassionate activity. She possesses all the qualities to alleviate suffering, provide protection, healing and longevity, cure illnesses, stop wars and give prosperity. Tara’s enlighten activities are numerous and powerful beyond our comprehension.

Thursday, December 25, 2014 Christmas Day. Baden. Not a good day to hang prayer flag.

Friday, December 26, 2014 Good day to do puja. Not a good day to die.

Monday, December 29, 2014 Medicine Buddha Day. Recite of Medicine Buddha Sadhana & Mantra: *“Tayata Om Bhay Kan Dzay, Bhay Kan Dzay, Maha Bhay Kan Dzay, Ra Dza Sa Mud Gate Soha.”* The Medicine Buddha possesses extraordinary ability, and activity, to pacify illness. The aspiration of the Medicine Buddha is to remove all suffering of beings – physical, mental, and emotional. Karma Rinpoche states: *“The benefits of practicing Medicine Buddha, helps all sentient beings and the four elements of fire, earth, air and water”*. All actions are multiplied 100 times.

Wednesday, December 31, 2014 Guru Rinpoche Day Celebration and Tsok Feast – Guru Rinpoche assumes his wrathful form in Paro Taktsang in Bhutan, and brings under his control the local deities and guardians. Making them protectors of the terma (hidden treasure) teachings, he entrusts them with secret oral instructions, to be given only to the tertöns who shall discover them. He is known as Guru Dorje Trollö. *Mark Peckler’s Birthday.